



Matariki Whanau Day

THIS Friday 28th June
11:00am-12.40pm.
Come and join us for some fun activities followed by a shared lunch.
A notice is being sent home with today's newsletter.

Interschool Cross Country Team

Well done to our Interschool Cross Country Team who represented Masterton Primary School last week at Solway Showgrounds.
Congratulations Genuine Savaliga and Ryan Morris who have been invited to compete in the Regional Cross Country Championship in Paekakariki on Tuesday 2nd July 2019

ABSENCES

It is very important for parents to inform the office when students are away.

There are several ways for parents to let us know.

- 1) Call the office 377 5297 and leave a message
- 2) Text 027 711 9021 stating child's name, room and reason for absence
- 3) Email (office@masterton.school.nz or keri@masterton.school.nz)
- 4) Send a note.
- 5) Send a private message through our Facebook Page.

If you have run out of credit, please keep your phone on and answer when we call. If we are unable to get hold of parents, the Ministry of Education requires us to inform Truancy Services.

THURSDAY 4th JULY
THE DISCO IS FOR MPS STUDENTS ONLY – NO INTERMEDIATE STUDENTS PLEASE!

UNDER THE SEA
4.30pm-6.00pm
\$2.00 Entry

Please do not be late to pick up your child/children from the hall at 6.00pm
Children will not be allowed to meet parents out in the car park or on the street.
Sweets, drinks, face painting and glow sticks will be for sale.

PIZZA - 1 slice for \$2.00
Order at the office on the morning of the disco.

MUST BE PRE-ORDERED

MPS Awards

The Winners last term were:

Zion Brock Room 10 for making good choices and being kind and helpful. Akaylea Books Room 14 for being on task and waiting patiently. Jahnesta Reiri Room 13 for being on task and making good choices.

What's Hot Enviro-Spot

The Road Safety Team
who keep us safe while crossing the road.

Calendar of Events

- | | |
|---------------------------------|---|
| • Fri 28 th June | Whanau Day 11.00am-12.40pm |
| • Thurs 4 th July | MPS Disco – 4.30pm-6.00pm - \$2.00 entry |
| • Friday 5 th July | Term 2 Ends |
| • Tuesday 30 th July | School Photos |

NO ASSEMBLY THIS WEEK.
Mai i te kōpae ki te urupa, tātou ako tonu ai.
From the cradle to the grave we are forever learning

PLEASE REMEMBER TO CALL/TEXT THE OFFICE IF STUDENTS ARE GOING TO BE AWAY. 027 711 9021
ALL LATE STUDENTS MUST COME TO THE OFFICE FOR A LATE STAMP, PLEASE DO NOT BE LATE! SCHOOL STARTS AT 8.45am

Gastro (tummy bugs)

What to do next:

1 Home:
to rest and have small amounts of water often; stay home for 2 days after vomiting or diarrhoea has finished

2 Family doctor:
if still sick on day 3 of symptoms

Compass Health | Whānau Ora

Gastro (tummy bugs)

Gastroenteritis is a bowel infection that causes diarrhoea (runny poos), stomach pain and vomiting. Some children will also have a headache or mild fever with gastro. Most children with gastro have mild symptoms that do not need to be treated by a doctor.

What to do

- Get your child to drink small amounts regularly (1/4 cup of water every 20 minutes).
- Plain water is best or watered down apple juice.
- Avoid sugary drinks which can make gastro worse.
- Get your child to have plenty of rest.
- Get children to wash hands thoroughly with soapy water after toileting and vomiting.
- Clean bathroom areas often.
- Check your child is going to the toilet to urinate (wee) at least every 6 hours.
- Wash hands thoroughly before food preparation.
- Do not share drink or food with the child that's sick.
- Stay home for 2 days after vomiting and/or diarrhoea has finished.

When to get help
Gastro can take a couple of days to go away. Call your family doctor if:

- your child is still sick after 2 full days of being sick
- the volume and frequency of vomit or diarrhoea is increasing rather than decreasing
- your child has tummy pains despite having pain relief.

Take your child to ED if:

- they are sleepy, floppy or limp, pale and sweaty
- they have not urinated for 6 hours during the day
- they have severe stomach pain
- they have blood in their diarrhoea or vomit.

More information
For more information call Healthline 0800 611 116 or visit healthnavigator.org.nz.

NZ String Quartet Concert

Featherston on 28 June at ANZAC Hall.
We love sharing chamber music and want to give our friends in Featherston a chance to do the same.
So, bring a friend for free and warm up your Friday night with a special **2-for-1 full-priced adult ticket deal** when booking online. Simply go to Eventfinda and use code **FEATHERSTON** to redeem your 2-for-1 tickets.
There's no limit on the number of tickets – so spread the word!
What's more, our **tickets for school students are just \$5**, and \$15 for tertiary students.

KIWI HOOPS

YMCA MASTERTON, 371 QUEEN STREET, MASTERTON
☎ 06 377 5499 ✉ nicole@ymcawellington.org.nz

Kiwi Hoops focuses on developing movement and basketball skills through games and is fun for all abilities. Come and check it out!

WHAT: Introduction to Kiwihoops
WHEN: 28 June & 5 July
WHO: All Stars (5-8yrs) 3.30pm—4.15pm
Bounce (9-13 yrs) 4.15pm—5.30pm
COST: FREE
Please bring: personal medication, water bottle, non-marking shoes, appropriate clothing

www.ymcawellington.org.nz

THIS WEEKS LUNCHES

Thursday – Subway – Envelopes at the office.
Or online www.subway.co.nz
Friday – Healthy Heart Tick Pies \$3.50
Mince or Potato Top
Lunch orders taken at the office from 8.00am

TE PĀNUI I RARO I NGĀ WHETŪ

READING UNDER THE STARS

24 JUNE-2 AUGUST
FINALE 8 AUGUST

REGISTER AT YOUR PUBLIC LIBRARY

WINTER WARMERS

PB4L WEEKLY FOCUS
"Kind Actions and Kind Words"